



Giving Light to the World



CANADIAN EYESIGHT GLOBAL



www.CanadianEyesight.org

Canada Ph: 604-582-0579

Email: info@CanadianEyesight.org



MEGA EYE CAMP held at Kultham Village, Phagwara, Punjab, India on March 10, 2019



Supported by
Rotary
Clubs of
SURREY
BURNABY
NEW WESTMINSTER



Your Support = Our Success

Nirmaljot Eye Hospital, Amritsar, India,
Rotary Club of Amritsar South East, India
and dedicated volunteers.

Arora Eye Hospital & Retina Centre, Jalandhar, India.
Rotary Club of Jalandhar West, Jalandhar, India.

NEWSLETTER MARCH 2019

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Canadian Eyesight Global Gala Dinner 2006

Sponsored by the then Rotary Club of Surrey-
Guildford (now the Rotary Club of Surrey)



Pictured are members of the Rotary Club of Surrey-Guildford with Chief Guest B.C. Attorney General Wally Opal and other distinguished guests.

This year we will be celebrating
our 30 years
of service and commitment



Help Sponsor our 30th Anniversary Event



Canadian Eyesight Global is looking for sponsors for its 30th anniversary event.

Subject to your approval, your name and business logos will be printed on the 30th Anniversary Souvenir Magazine, along with your pictures (Platinum, Diamond Gold, Ruby and Silver) published on the program, the CEG website, and media displayed on the banner at the Gala Dinner.

Platinum	\$ 10,000
Diamond	\$ 5,000
Gold	\$ 2,500
Ruby	\$ 1,000
Silver	\$ 500
Copper	\$ 250
General	\$ 1 and up

All the sponsors present will be invited on the stage and introduced and honoured. Charitable tax donation receipts will be given to the sponsors.

Each of the above sponsors will recommend 9 guests for his table at the Gala Dinner. Each of the ten attendees will receive a formal invitation from Canadian Eyesight Global, with each name assigned a seat number at the table.

We look forward to receiving your favorable response with your generous sponsorship as soon as possible to help us plan the event.

Canadian Eyesight Global
10563 – 148th Street
V3R 6X7
604 582-0579

Canadian Eyesight Global is a not-for-profit society formerly Project Eyesight-India, sponsored tens of thousands free cataract surgeries to the needy and helpless people in the rural parts of India since 1989. CEG organizing Free Eye Health Clinics in Canada since 2004. This noble eye project has been recognized by the Government of Canada and Rotary International.

Rotary Club of Surrey is the proud Sponsor of the Canadian Eyesight Global



The Club donated \$1,000 to Anup Singh Jubbal, President, CEG. Pictured President, John Edwards and other members of Rotary Club of Surrey at the cheque presentation ceremony.

ROTARY CLUB OF BURNABY-HASTINGS Gifts Rs. 250,000 for Thousand Eye Operations in India



PRESIDENT'S MESSAGE

On behalf of the Rotary Club of Burnaby-Hastings, I am pleased we were able to undertake the Eyesight '89 project with the assistance of the Rotary Club of Lucknow Khaas, India and support funding from the Canadian International Development Agency (CIDA). The future is clearest to those who want to see it.

HANS DOGE, FIIC
President
Rotary Club of Burnaby-Hastings

CHAIRMAN'S MESSAGE

The eye is precious organ and eyesight is a divine gift. Restoring eyesight is a noble cause. It give me immense pleasure that our club, Rotary Club of Burnaby-Hastings in collaboration with our sister club Rotary Club of Lucknow Khaas, India undertook the gigantic project for 1000 patients Free Eye Relief Camps and our club with CIDA gifted Rs. 250,000/- in the rural areas of Lucknow in February and March '89. The operations were carried by the competent doctors, under the leadership of Prof. K. C. Garg, Head of the Ophthalmology, KG. Medical College, Lucknow. The successful results were 100%.

Our grateful thanks are due to the members of Lucknow Khaas and specially Col. Dr. J.K.Rastogi, who initiated this idea in organizing these camps with powerful team of members and Mr. Hans Doge., President of our Club.

Feel free to contact if you want to setup an Eye Camp in your village in India



ANUP SINGH JUBBAL
Chairman
PROJECT EYESIGHT '89



A Cataract Operation Patient



Visiting Rotarians from Canada. From left: Al Mclean, Mrs. Susan Jackson, Lee Mclean, Payal Jalrath (India), Barry Madden, Col. Jairath and Anup Sing Jubbal.



Doctors of the King George Medical College with (standing left) KBR Murthy, Secretary and (Standing right) Dr. S. Yajnik, President and (sitting right) Col. Dr. JK Rastogi, chairman operation Eye Sight of Rotary Club of Lucknow Khaas.



Hon. Garry Smith—Canada's Deputy High Commissioner In India



Sitting from left: Dr. Sudarshan Yajnik, President, Dy. High Commissioner or Canada Mr Garry Smith, Hon. Naresh Chandra, Minister of State U.P., Chief Justice J.N. Jha, Anup Singh Jubbal, Chairman, Project Eyesight'89, Canada., Col. Dr.J.K.Rastogi, Chairman Organising Committee, Lucknow, India., All McLean, President Elect, Burnaby-Hastings Rotary

OUR EYE CAMPS SINCE 1989



OUR EYE CAMPS SINCE 1989



MEGA EYE CAMP

March 10, 2019

Kultham Village, Phagwara, Punjab, India.

Sponsored in the sweet and loving memory of (late) Sardar Shiv Singh and (late) Sardarni Kishan Kaur by Mr. and Mrs. Shingara Singh Atkar, Mr. and Mrs. Glopal Singh Atkar, and Mr. and Mrs. Gurnam Singh Atkar and Atkar family members, Calgary, Alberta, Canada.

Supported by Rotary Club Surrey, BC, Canada, Rotary Club Jalandhar West, Rotary Club Amritsar South East, Arora Eye Hospital and Retina Centre, Jalandhar, and dedicated volunteers.





Unveiling the power of a Gurdwara: Sri Hazur Sahib, Nanded



Where there is a will, there is a way.

Not everyone could prove this but our very dedicated committee of Sri Hazur Sahib Nanded has done it again.

Today, at an eye surgery camp organized in collaboration with Canadian Eyesight Global which recorded over 105 IntraOcular Lens surgeries had an extra episode for the patients. The patients were not only treated by reputed team of doctors but given a chance to do some good effort in return by planting a flower at Gurdwara. This is an innovative way of connecting *sangat* to the house of Guru and to the nature. This has set an example for our Gurdwara committees, around the world to recognize **the power to change** that they hold with them.

“We are thankful to Guru Gobind Singh Ji who has provided us a platform to do his service and we also thank all the organizations and individuals who contributed in the success of this programme at Dashmesh Hospital, here at Sri Hazur Sahib”, said DP Singh Chawla, Superintendent of Hazur Sahib Committee.

“The local communities need much care and medical facilities, they are needy and Guru Ghar always have ample to share. We try to provide them free medicines and check up as a part of service”, he added.

The committee also organize eye care camps thrice in a

year, in collaboration with Mr. Sabharwal of Guru Granth Sahib Sewa Society of Chandigarh, Nishkam Care Society of Patiala under the chairmanship of Dr. Gurdeep Singh and other leading doctors of Rajindera Hospital, at the Gurdwara premises, with the last camp organised from January 15 till 19th.

This year, the Hazur Sahib committee plans for a phenomenal program on the upcoming Sikh Environment Day during the month of March. We will publish their full plan very soon at our [Who's Taking Part](#) page, as it gets confirmed.

EcoSikh congratulates this effort and is hopeful that together with the Gurdwaras and *sangat*, we can change our lifestyles and make them less wasteful and closer to nature and God. With all these events, we aim to reduce wastage of water, energy and food at our Gurdwaras, Gurdwaras and other celebrations, and learn to live a life which is kind to environment. The Sikh vision of Sarbat Da Bhalla takes us an extra mile from caring our fellow human beings to care the natural resources and the creation around us. We are also hopeful that this year on Sikh Environment Day, the Sikhs around the world will receive and celebrate the message of Guru that:

Being Sikh is Being Kind to Environment.

www.ecosikh.org

February 7, Hazur Sahib Nanded.



Ravishankar Dakoju and his wife, Paola.

When Ravishankar Dakoju was a young boy, one of his teachers would often say, "You should give till it hurts, because until then you are sharing your comfort, not everything that you have." Ravishankar, president of the Rotary Club of Bangalore Orchards, India, and a successful real estate developer, has followed that advice: He is donating \$14.7 million (1 billion rupees) to The Rotary Foundation, one of the largest-ever contributions to the Foundation.

The gift will establish a named endowed fund within the Foundation to support high-impact and sustainable humanitarian and educational projects.

The idea took shape in 2017. Ravishankar had a list of projects that he wanted to fund, including a microcredit program and a home for senior citizens. He discussed it with his longtime friend Suresh Hari S, the incoming governor of District 3190 at the time, who persuaded him to give the money to The Rotary Foundation. "I believe whatever money I have belongs to society," Ravishankar says. "I am just a custodian for a short while; I didn't bring it with me, nor can I take it with me."

Ravishankar's parents taught him to value altruism. During the movement for Indian independence, his father had been a freedom fighter and embraced the philosophy of Vinoba Bhave, a follower of Gandhi, who urged landowners to give away a portion of their land. Ravishankar's father gave away all his land and was imprisoned for four years for his activism. After India gained its independence, he worked as an engineer. Ravishankar and his six siblings enjoyed a comfortable life — until their father died unexpectedly.



Ravishankar visits the Sungham Friendship School in Manipur, India.

After being widowed, Ravishankar's mother faced serious financial problems. "She had to struggle to bring us up," he recalls. He remembers having only rice and vegetables to eat. When he couldn't get enough, he would go to friends' houses and ask for food. "Society fed me," he says. "People whose hearts were so pure fed me. They are all dead and gone, but I have to give back."

Ravishankar struggled emotionally after his father's death. "I fell into bad company, stealing things, selling black-market cinema tickets, and so on," he says. He failed his high school exams twice. Knowing how much this upset his mother, he tried one more time and finally passed. He went on to earn degrees in business administration and marketing management.

In the 1980s, Ravishankar delved into real estate and construction. In 1987, he and his childhood friend B.S.N. Hari founded a company called Hara Housing, which is now one of the leading land developers in Bangalore.

But as his business thrived, he felt that something was lacking. "Everybody around me was obsessed about the real estate market. I felt suffocated with the kind of people I was mixing with," he recalls. "Whether it was a doctor, a barber, or a dentist, they'd talk only about business and real estate."

Thinking - and giving - big

Why a Rotary member in India donated \$14.7 million to the Foundation

Then he met a Rotarian named Ramesh Chari. "I told him I wanted to connect with society. He said, 'Why don't you try Rotary?'"

For Ravishankar, Rotary offered a way to give back. "Rotary is like a buffet; it is up to you what you want to take from it," he says. "Rotary gives you the opportunity to do things." The things he has done through Rotary range from building schools to reaching across national borders and religious divisions to make connections with fellow Rotarians in Pakistan.

Currently, he is involved in a project to plant 10 million saplings in Karnataka, his home state. "It's a five-year project," he says. "We're trying to involve the Karnataka state government. We want to involve schools and make the headmasters responsible for ensuring that the trees survive."

Ravishankar and his wife, Paola, have raised their two daughters, Ektaa and Samta, to value altruism as well. "When they were children, I'd always tell them, 'I have taken so much from society, I need to give back.' They said, 'Don't worry about us. We'll stand on our own feet.'"



The Ravishankars with RI President Barry Rassin, right, at a Rotary institute in Chennai.

Ektaa, who is getting a master's degree in Melbourne, Australia, worked for several years to save money for her education, and considers her parents' contribution to her schooling as a loan. "She wants to return the money she has 'borrowed' from her father by working part time for him," says Paola.

The whole family embraced Ravishankar's plan to give away so much of their wealth. "From childhood I have had this way of doing things; I think big, stupid, or impossible," he says. "My wife, being a mother, understandably had some concerns about our daughters, but Ektaa convinced her."



Ravishankar, with Christopher Rego of the Sunbird Trust and Paola, donated land for the Sunbird Ravishankar Farming Knowledge Center in Manipur.

This article and photographs are republished from The Rotarian, March 2019



PUTTING POWER IN HANDS OF WOMENN

Stephanie Woollard went from Down Under to the top of the world to find out if one person can make a difference

By Diana Schoberg Photos by Monika Lozinska

The clacking of sewing machines fills the sunlit room until word spreads that the bus has arrived. At that, a dozen women clad in pink kurtas file into the courtyard of the **Seven Women Center** in Kathmandu, Nepal. They smile widely as a group of Australian women led by a tall blonde enters through the iron gate.

Stephanie Woollard bends down to let Sandhya Khadgi, the center’s bookkeeper and literacy trainer, put a dot of red powder on her forehead and a red flower petal atop her head in a gesture of welcome. Woollard has arrived with a group of Rotary members and friends to tour the center that she founded and whose goal is to improve the lives of women in Nepal.

When Woollard, now 34 and a member of the Rotary Club of Melbourne, first met Khadgi, Woollard was a 22-year-old tour guide with a passion for social justice and a knack for connecting with people. After leading a tour group to Kathmandu in 2006, she stayed an extra week to explore the city’s winding streets and hidden passageways, as tangled as the electrical wires above them. She soon made friends with shopkeepers, who invited her to tea as she asked them about their lives.

[**READ MORE**](#)



The Seven Women Center provides a respite from the discrimination and violence many Nepali women face in their personal lives.



The Seven Women Center provides a respite from the clogged streets of Kathmandu.



“A lot of women mention that when they get inside the gate of Seven Women they feel peaceful. I feel the same,” says Anita Kerr, left, the organization’s president.

ROTARY CLUB OF SURREY
Our featured presenter Ramona Kaptyn
On February 28th. 2019



President John Edwards and Anup Jubbal presented Ramona with a certificate confirming a donation to Canadian Eyesight Global in her name as a "Thank You" for providing us with the information on CARP.

Ramona is the President of the Surrey / White Rock chapter of CARP - the Canadian Association of Retired Persons. Ramona introduced herself with her extensive Bio.

CARP is her current focus and she provided us with a detailed filled presentation on CARP, which currently has a membership over 300,000. The annual membership fee is \$19.95. There is no age limit, but most benefits are for seniors from ages 50 and up.

Ramona said that she likes to say retired people do not get holidays and weekends, and CARP gives retired persons a lot to engage with. CARP is an advocacy group advocating for Retired Persons. Members get a large number of discounts for services and programs such as Health 360 that puts all your medical information on line for access worldwide.

Some highlights of CARP's history and advocacy:

- CARP started in 1976 but did not become active till 1984.
- In 1985 they advocated against proposed changes to RRSP tax rules and won.
- In 1989 they fought off Govt. who planned to claw back OAS.
- In 2007 CARP was instrumental in getting Pension Splitting approved.
- In 2012 CARP secures the repeal of mandatory retirement. In 2018 CARP secures the rollback of the Age of OAS eligibility.

Currently, CARP'S agenda includes abolishing mandatory RRIF withdrawals, plus many other initiatives to enhance the lives of seniors.

Here is a link to the CARP website : <http://www.carp.ca>



Surrey Rotary selects Govind Sangha as its
representative to the Rotary's Youth
Leadership Program (RYLA)

Rotary Youth Leadership Awards (RYLA) is an exciting and challenging leadership training program for leaders, and potential leaders, between the ages of 18 and 30.

Candidates have to be sponsored by a Rotary club. Often the participating clubs will contact young adults that they know personally, either at a local school, in the community, at work or at home. Family members of Rotarians can also participate. The cost to

the club is \$500 CDN or \$425 USD.

For more information and for registration, visit the Rotary District 5050 RYLA website at www.ryla5050.org

The **RYLA** program enables young people to debate issues of professional responsibility and human relations, improve leadership and communication skills, understand Conflict Resolution, learn about businesses and institutions and meet Rotarians while having fun and making friends.

RYLA provides young adults the opportunity to refine skills and explore pertinent topics with their peers and elders. **RYLA** provides Rotarians the chance to help develop leaders, share valuable expertise and bridge the gap between generations.



Rain, Hail or Storm
 All Seasons of Service
 ROTARY WORLD HELP
 making a difference in
people's lives
 THROUGHOUT THE WORLD.

FEBRUARY 23, 2019. Rotarians and Friends, who came out on a sunny/ snowy Saturday morning to help load a container with medical equipment destined for use in medical facilities in Chile

This container was sponsored by the Rotary Club of Ladner.

Impressive Record of Service
 as of December 31, 2018

CONTAINERS SHIPPED
 SINCE INCEPTION:

394

ESTIMATED VALUE OF
 GOODS SHIPPED:

\$137,900,000

NUMBER OF COUNTRIES
 SHIPPED TO

62

NUMBER PEOPLE HELPED

11,820,000



It's all about
 our Newsletter

First class work and very professional
 Nelson Riis
 Former Parliamentarian

Very impressive news letter.
 Raj N. Parminder



Dalchini Cinnamon Health Benefits

Dalchini one popular kitchen herb or spice of India and mostly used in meals for fragrances. *Dalchini* Hindi name of Cinnamon natural herb of *Lauraceae* family. In Sanskrit, *Dalchini* known as *Tvak* because Cinnamon bark used part of this organic herb. *Dalchini*, a medicinal tree with a lot of medicinal properties. *Cinnamon health benefits* are too many but some most noteworthy are mentioned below with tree identification.

Cinnamon evergreen tree of 20-25 feet in height mostly and in Sri Lanka of height 50-60 feet. Its bark obtained from new tree is smooth and old **Cinnamon tree bark** dry brown breakable of 5 mm in thickness. **Cinnamon leaves** are oriented, leathery and 4-7 inches in length. *Dalchini Cinnamon leaves* top surface shiny and with 3-5 veins. When you chafe *Dalchini leaves* then it offers a pungent smell and sour taste. **Cinnamon flowers** occurs in bunches with foul smell.

Cinnamon fruits are 1/2-1 inch long in oval deep purple colour in bell shaped with one seed inside. On plucking fruits from inside Turpentine (Tarpin) smell arises.

Dalchini Cinnamon tree gets flowers in January and its fruits ripe in May to August months. Cinnamon organic herb and has many uses or health benefits in Ayurveda.

Hence some main *Dalchini Cinnamon health benefits* mentioned as below:

Exterior Use

- Dalchini Cinnamon used for **mouth purification** and it **strengthens teeth**. It also used as a mouth freshener and ends mouth foul smell.

In blood vessel and head pricking, Cinnamon paste used. To treat Scorpion bite treatment, **Cinnamon oil** very beneficial. **Cinnamon**

oil also used to treat outer injury quick purification and healing.

In toothache and tooth problems (*Dant me keede*) home remedies, use **Cinnamon oil** 1-2 drops with the help of cotton.

Interior Use

- Dalchini **Cinnamon oil** used in nerve weakness and in paralysis.
- *Cinnamon dalchini powder* also used to treat Anorexia, Indigestion, Colic or Stomachache, Chronic Colitis and Haemorrhoids
- **Cinnamon for blood**– In heart weakness and in other blood disorders like blood sugar, diabetes **Cinnamon powder** very beneficial.
- **Dalchini Cinnamon oil** used to treat

Cough, Breathing and TB tuberculosis (Rajyakshma in Hindi) respiratory system disorders.

To treat urinary disorders like Strangury and Gonorrhoea **Cinnamon** is very useful.

Cinnamon herb also used in Uterus laxity and other reproductive system disorders.

Dalchini Cinnamon for Weight Loss– Cinnamon powder also used in natural weight loss treatment.

In a cup of water mix half spoon of Cinnamon powder and boil. Furthermore on cooling add one spoon of natural honey. Use this Cinnamon drink in morning and night before sleeping to lose weight.

1. Warm Water And Honey

In the morning daily empty stomach **drink warm water** by mixing natural honey. This is first of all best ayurvedic remedy for weight loss.

2. Lemon Juice

For **fast weight loss treatment**, drink lemon juice every morning empty stomach with warm water. So for taste you can add black salt into lemon water.

3. Vegetable Salad

Use **salad of tomato and onion** daily with meal. Mix salt and Squeeze lemon extract on the salad also for better results.

4. Herbs Decoction

Prepare a decoction of Tinaspora (*Tinaspora Cordifolia*) and Triphala (Mixture of equal amount of Indian Gooseberry, Baheda (*Terminalia Bellirica*) and Myrobalan). Drink this decoction with one spoonful natural honey **to lose weight**.

5. Make a decoction

of Triphala, Trikatu (Mixture of equal amount of Black Pepper, Long Pepper and Ginger) and Trimad (Combination of Nutgrass, Leadwort and Vidanga). Finally drink this decoction by mixing Guggul (Indian Bedellium) in **weight loss treatment**.

Home Remedies For Weight Loss

6. Castor Oil

Prepare the vegetable dish of leaves of **Castor Oil Plant** (*Ricinus Communis*). Eating this dish daily also helps **to lose weight**.

7. Reddish or Triphala Powder

Take reddish or Triphala powder and mix in natural honey. Use this same herb mixture to treat obesity diseases.

8. Herbs Powder

Prepare the powder of Vidanga (*Emblia Ribes*), Dried Ginger, Alkaloid, Barley and Indian Gooseberry. Use can also use this powder with natural honey for best effects.

9. Weight Loss Fruits

Pineapple is also used in **weight loss treatment**. Use daily pineapple juice or slice for good results. Watermelon is also good to lose fat. It is free of fat and also contain a little amount of Calories & cholesterol. Furthermore mix some rock salt in watermelon for more weight loss health benefits.

10. In weight loss success stories,

some people recommend strawberry, apples and other water rich fruits in **weight loss treatment**.

These are the some especially relevant *Ayurvedic home remedies for weight loss* or obesity diseases. The people who want to lose weight have to drink almost 5-6 water litre a day.

OR

Sour fruits like lemon and other citrus fruits like Kumquats, lime and orange are also good **weight loss fruit drinks**. Pickles are also good to use in **weight loss treatment**. Also avoid junk food and avoid Anard Pomegranate, Date Palms like **weight gain herbs**.

11. Cucumber for Weight Loss

Cucumber is an *ayurvedic diet for weight loss* and mostly used as Salad. Also cucumber is rich in fiber and contains approximately 95% water that helps to lose weight naturally.

12. Cinnamon for Weight Loss

In weight loss home remedies Cinnamon is also used. Boil one spoon Cinnamon powder in almost one cup of water. On cooling mix one honey and drink in morning in breakfast and in the night before sleeping. Finally use this natural remedy to lose weight.

13. Coconut for Weight Loss

Coconut contains a very low amount of cholesterol and fat. Peoples who are seeking with obesity problems should be use coconut to reduce consequently lose weight.

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Canadian Eyesight Global
Giving Light to the World



About

Canadian Eyesight Global – formerly Canadian Eyesight International – is a registered Canadian charitable organization comprised of surgeons, doctors, business leaders and numerous volunteers concerned with global blindness.

It is made up of individual Canadians concerned about other people – those in India and such developing nations who are especially vulnerable to blindness as well as those who have already lost their eyesight. In these nations, there are many health and social issues that require attention. Because blindness is caused by many problems, including lack of adequate nutrition, sanitation and trauma, we have the opportunity to bring health in many different forms.

Objective

Canadian Eyesight Global strives to help those who are unable to help themselves and to give people who are blind or visually impaired real support. For over 29 years, we have been helping our community with our partner doctors in India and other developing countries to enhance the facilities and treatment programs, with outstanding results.

Vision

Our Vision is to eliminate avoidable blindness by 2020 and to ensure the best possible vision for all people. Canadian Eyesight Global organization is working to remove blindness that is a major health issue among the young, the underprivileged, the aged. Visual impairment in some instances can lead to death. The problem is growing day by day. Every second, one person in the world goes blind. A child goes blind every minute. Yet for three out of four of these people, blindness was completely preventable.

Global trends show millions of people going blind each year. Eighty percent of the worlds blindness is preventable by means of nutrition, sanitation, antibiotics or surgery. Canadian Eyesight's view is to work toward the elimination of the preventable causes of blindness. Working with other health organizations and various levels of government, we believe this goal is achievable.



How it all began

In 1989 the Founder and CEO Anup Singh Jubbal (pictured top left) established the Project Eyesight with the cooperation of Rotary Club of Burnaby-Hastings and the Rotary Club of Lucknow-Khass. Approximately 5,000 people from the rural segments of the Lucknow district received free medical treatment for a wide range of eye diseases. 991 free eye operations were performed in eight Eye Relief Camps organized by Project Eyesight.

The programme was financed by the aid of over a quarter million rupees, provided by the Rotary Club of Burnaby-Hastings, RI District 5040. Human resources, money a materials were also provided by the Rotary Club of Lucknow-Khass.

The then Canadian Deputy High Commissioner in India, H.E. Mr. Gary Smith (pictured middle left) was accompanied by his First Secretary of Development and delegation of six Rotarians from the Rotary Club of Burnaby (pictured bottom left).

Not only was he able to visit the camps first hand and make an appraisal of the enormity of medical problems in rural India, but he could also witness the significant contribution Project Eyesight 1989 was making.

Special thanks from

Anup Singh Jubbal, MSM,
President and CEO (Founder)
Canadian Eyesight Global

to:

The members of board of directors,
Canadian Eyesight Global,

the President and members of
Rotary Club of
Surrey-Guildford, BC, Canada;

The team of
Dr. David. R.S.Neima,
MD, FRCS(C), Ophthl,

V.P. Overseas Programs, Canadian
Eyesight Global and associates,

for participating in the
Free Eye Health Clinics in B.C.,
since 2004;

Dr. Bhupinder Singh, M.S., and
associates and para-medical staff of
Nirmaljot Eye Hospital, Amritsar, India;

Rtn. Surjit Singh Arora, eye camps
coordinator, Amritsar and members of
Rotary Club of Amritsar South East and
dedicated volunteers;

PDG. Manjit Singh Sawhney and members
of Rotary Club of Rotary Club of Delhi
South Metropolitan,
Delhi, India,
for supporting Eye Camps, since 1991.

Members and volunteers of Sri Guru
Singh Sabha Panchayan, Faridabad,
Haryana, India; Dr. Shamim Ahmed and
para-medical staff, City Eye Hospital, Nuh,
Haryana, India;

Hundreds of Rotary Clubs, local Eye
Hospitals and Para-medical staff and
dedicated volunteers in India, supporting
this noble eye project in India,
since 1989;

Dr. Amandeep Singh Arora, MS.
Arora Eye Hospital & Retina Centre and
Para-medical staff,
Jalandhar, India;

PDG. Dr. Surinderpal Singh Grover MD.
Rotary Club of Jalandhar West and
members, Jalandhar, India.

Rotary Clubs, Indo-Canadian Community,
Sikh Temples, Non-Governmental
Organizations in Canada and India.

PROJECT EYESIGHT-INDIA

Thirty Years ago, in 1989, Mr. Anup Singh Jubbal made a commitment - to serve the people of his native state of Punjab, in India, in such a way that it will make meaningful difference in their quality of life.

From the beginning as Eyesight Project - India, his vision - Canadian Eyesight Global - has now grown into a global charitable organization receiving support locally and internationally from many sources, including Rotary International.

1989  2019

CANADIAN EYESIGHT GLOBAL

Anup Singh Jubbal's Vision

"When I was a kid, from the age of seven or eight, I would go to the gurdwara and do honorary work. I did service in the temples all my life. I never wanted to be an elected official (of the temple) - president, secretary or anything - that was never my intent. I wanted to be doing something for the community.

Anup Singh Jubbal's Philosophy

"God has given us 24 hours in a day; For eight hours, we should work; For eight hours we should do some nice things and For eight hours we should sleep."

Canadian Eyesight Global

Striving to eliminate avoidable blindness by 2020 and to ensure the best possible vision for all people.

Your donations provide eyesight saving or restoring care and surgery for people in India and the developing world.

Your Donation does everything you really need your donation to do.

Canadian Eyesight Global, Formerly Project Eyesight-India since 1989, has changed lives of tens of thousands of people in rural parts of India by giving the gift of sight who otherwise spend their lives in blindness and despair.

Your gifts directly improve people's lives through our valuable services and programs designed to create quality eye care for everyone.



Free Eye Camps Near Amritsar

Canadian Eyesight Global (CEG) is proud to host free eye check-ups and cataract implant lens surgeries in various parts of rural India since 1989.

CEG is proud to be hosting eye camps near Amritsar, India, on every second Sunday.

For more information, contact
Canadian Eyesight Global
at 604-582-0579 or
info@canadianeyesight.org



CANADIAN
EYESIGHT
GLOBAL



Canadian Eyesight Global

Please add this information to your address book.

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Canadian Eyesight Global is a charity organization registered with Canada Revenue Agency.

Our CRA BN is 88518 6601 RR0001

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Project Eyesight

