



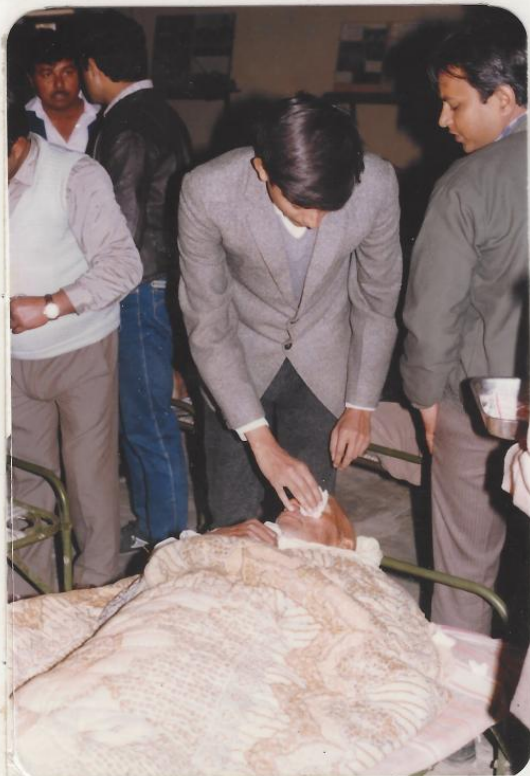
Bandaging an operated eye.

Post-operative Care

An important factor responsible for the high success rate was the post-operative care.

The post-operative care comprised a total of 4 dressings during a 10 day camp. The camp-wise details are provided in Appendix 2.

Arrangements were made to have a trained compounder on duty round the clock at the camp for answering any calls, administering necessary medicines, supervising timely feeding, and, providing the feedback to the doctor incharge of the camp.



A separate team of doctors looked after the dressing.





It is 'dressing day' at MALIHABAD camp.

by Lucknow Mail in the morning

Rotarians of
ROTARY CLUB OF LUCKNOW KHAAS

WARMLY WELCOME

VISITING ROTARIANS

from

**ROTARY CLUB OF BURNABY
HASTINGS, CANADA**

AND HAIL

**INDO-CANADIAN ROTARY
COOPERATION FOR
EYE-RELIEF**

BURNABY Rotarians visit LUCKNOW

Photo shows visiting Canadian delegation from Rotary Club of Burnaby-Hastings, R.I. Dist. 504, Canada.

From left they are: Paul Durrant, First Secretary (Development) at the Canadian High Commission, New Delhi; Stanley Jackson; Alan Mclean-President Elect (1989-90) of Burnaby Hastings Rotary Club; Rotaryanne Susan Madden, Barry Madden of Burnaby-Kingsway Rotary Club; Rotaryanne Lee Mclean; and Rotarian Anup Singh Jubbal.



BURNABY Rotarians visit camps



At the MALIHABAD camp.

For happy memories



Taking a round of the wards at MALIHABAD.

BURNABY Rotarians visit camps

For happy memories



Rotaryanne Lee Mclean distributes sweets to operatees at BAKSHI TALAB camp.



The 'First Lady' from Canada receives a memento.

For happy memories



Is it against protocol? Al Mclean is an inch taller even when the Charter President stands up on the dais to present a memento.



For happy memories

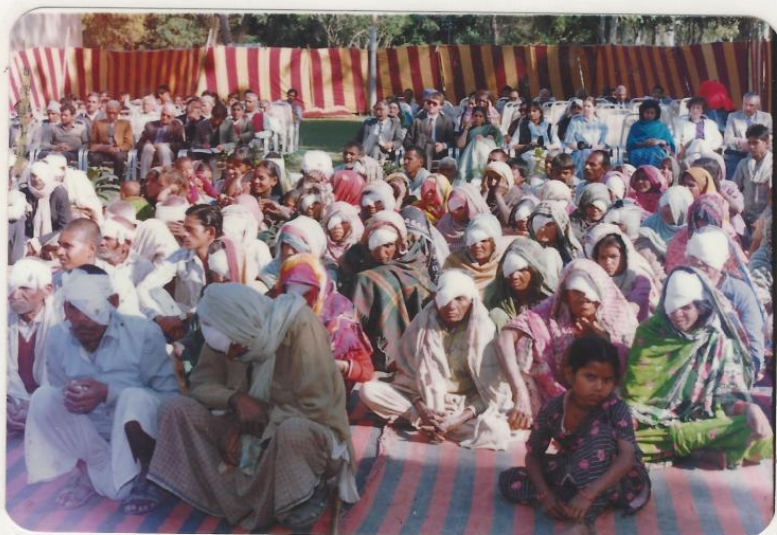


Happy memories Stan.

A salute to cooperation



Canadian Dy. High Commissioner Gary Smith salutes Indo-Canadian cooperation for relief through PROJECT EYESIGHT.



The beneficiaries of PROJECT EYESIGHT.



A salute to cooperation



'It was all meant for them', says Anup Singh Jubbal pointing to the operatees.



Planning for next year



Posing for a group photograph before the red carpet is rolled up.



Formal conference of Rotarians of Burnaby and Lucknow Khaas to review the progress of PROJECT EYESIGHT and to discuss outlines for the year 1989-90.



The delegation from Burnaby visits the Ophthalmic Department of the Medical School to personally say 'thank you' to all the doctors. Mementoes were presented to the doctors individually.

CANADA INDIA FRIENDSHIP UNLIMITED



Cocktails in honour of the special guests from Canada.

care Burnaby-Hastings



Mr. Jubbal has a chat with Mr. Naresh Chandra, Minister-State Govt.

UNITED
CANADA
INDIA FRIENDSHIP UNLIMITED

care Burnaby-Hastings

via Lucknow Khaas

INDIA - 226001



Lunch in honour of Canadian Dy. High Commissioner
who can be seen in the background.



CANADA INDIA FRIENDSHIP UNLIMITED

Planning for next year



Posing for a group photograph before the red carpet is rolled up.

CANADA INDIA FRIENDSHIP UNLIMITED



Formal conference of Rotarians of Burnaby and Lucknow Khaas to review the progress of PROJECT EYESIGHT and to discuss outlines for the year 1989-90.



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Red Carpet WELCOME to Canada



Dignitaries on the dias at the Special Function at BAKSHI TALAB camp.

CANADA INDIA FRIENDSHIP UNLIMITED



Close up of the dias shows (from left) H.E. Mr. Gary Smith, Dy. High Commissioner of Canada to India ; Hon'ble Mr. Naresh Chandra , Minister for Urban Development & Information, U.P. State Government ; Chief Justice Jha, Charter President, Lucknow Khaas.



Red Carpet WELCOME to Canada



Also on the dias, after Chief Justice Jha, are seated Mr. Anup Singh Jubbal ; Col. Dr. J. K. Rastogi, Chairman-Organising Committee ; and President Elect (1989-90) Alan Mclean from Burnaby, Canada.

Press reviews

The Pioneer: Lucknow, Wednesday, February 22, 1989

PATRIKA

WEDNESDAY FEBRUARY 22, 1989

Eye camp held in Bara Banki

From Our Correspondent

BARA BANKI, Feb. 21: About 3600 eye patients received free eye treatment under the massive eye relief programme, christened Project Eyesight, launched by the Rotary Club Lucknow Khaas. About 600 cataract operations were carried out besides 3000 patients received free medical checkup and medicines.

The project is substantially funded by the Rotary Club of Burnaby Hastings, Canada.

Among the four eye relief camps, two at village mati and Bahrauli were organised in Bara Banki district. These camps were held at Mati on January 30 at Gosainganj on February 3 at Bahrauli on February 9 at Malihabad on February 13.

Indoor eye patients in the above camps were provided facilities including housing, surgical help, medicines, food and spectacles, free of cost.

Four more camps are scheduled to be launched during the current month at Bakshi-ka-Talab, Mal, Nilgaun and Telibagh.

The entire medical work of the eye relief camps were being looked after by a team of specialists from the K G Medical College, Lucknow

BATHING

Canadian Deputy High Commissioner in Lucknow

LUCKNOW, Feb. 21—Mr. Gary Smith, Deputy High Commissioner of Canada in India, will be in town on Wednesday on an invitation by Rotary Club of Lucknow Khaas as guest of honour at a "Project Eyesight" camp function at Bakshi Ka Talab Training Centre.

Under this programme, the club is organising eight eye relief camps in the rural areas of Lucknow. Over 5,000 poor people of the rural area from a population of over a lakh in the four blocks of Lucknow would be receiving diagnostic facilities and medicines free of cost. In addition, 1000 operations for cataract etc. are also being performed.

Project Eyesight, which has been substantially funded by the Rotary Club of Burnaby Hastings of Canada, bears testimony to the Indo-Canadian friendship and co-operations in the field of human development. So far, about 650 operation of cataract etc. have been performed and more than 3,000 poor people have received free check-up, advice and medicines, through five camps at Mati, Gosainganj, Bahrauli, Malihabad, and Bakshi Ka Talab. Three more camps at Mal, Neelgaun and Telegagh are scheduled for the next fortnight.

The entire medical work at the eye relief camps is being looked after by a team of doctors from K.G.'s Medical College, Lucknow, under the supervision of Dr. K.C. Garg, professor and head of the department of ophthalmology, assisted by his team of specialists

Today in

CANADA INDIA FRIENDSHIP UNLIMITED



CANADA INDIA FRIENDSHIP UNLIMITED



CANADA INDIA FRIENDSHIP UNLIMITED

The Pioneer: Lucknow,

Saturday, February 25, 1989

Rotary Club of Canada gifts Rs. 2.5 lakh

LUCKNOW, Feb. 24 — The Rotary Club of Burnaby Hastings of Canada has provided a sum of Rs. 2.5 lakh to the Rotary Club of Lucknow Khaas towards eye relief camps being run by it in the rural areas of Lucknow district.

The Rotary Club of Lucknow Khaas pooled in an almost equivalent resources besides planning and executing with its own manpower this rural eye relief campaign which has been named Project Eyesight.

So far, about 600 operations for cataract etc have been performed in five camps spread all over the rural areas of Lucknow. About 3000 people have also been benefited through free eye examination and medicines for treatment. The entire services such as housing, food, linen, medicine and spectacles have been made available in the camps absolutely free of cost. The medical services in the camps have been provided by a team of doctors of the department of ophthalmology of the KG's Medical College, under the leadership of Prof KC Garg, said Mr. Jagdish Hansraj, secretary of the organising committee of Project Eyesight at a function organised recently by the Rotary Club of Lucknow Khaas at Bakshi Ka Talab where the fifth rural eye camp is in progress.

Mr. Naresh Chandra, Minister of State for Information, Urban Development and Parliamentary Affairs was the chief guest and Mr. Gary Smith, Deputy High Commissioner of Canada was the guest of honour.

Hindu Maha Sabha



The Pioneer
 Lucknow, Thursday, February 23, 1989

Eye relief camp

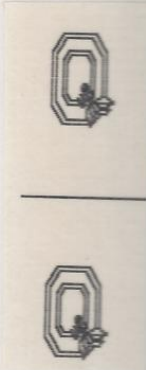
LUCKNOW, Feb 22 - UP Minister of State for Information, Urban Development and Parliamentary Affairs Naresh Chandra said that the work of voluntary organisation engaged in eye care and treatment encouraged the medical treatment of eyes.

Mr. Chandra was addressing the valedictory function of the eye relief camp at the Extension Training Centre, Bakeshi-ka-Talab, here today. The camp was organised by the Rotary Club, Burnby of Canada in cooperation with the Rotary Club of Lucknow Khaas.

Earlier, Canada's Deputy High Commissioner in India, Mr. Gary Smith, said that Canada was proud of its ties in the fields of welfare works and culture with India. He praised the hard work and knowledge of the doctors of this country.



CANADA INDIA FRIENDSHIP UNLIMITED





CANADA INDIA FRIENDSHIP UNLIMITED





CANADA INDIA FRIENDSHIP UNLIMITED





स्वतंत्र भारत - लखनऊ

(लखनऊ और करानसी से प्रकाशित)

अनक फाल्गुन कृष्ण पक्ष ४ सं. २०४४ वि. बुधवार, २४ फरवरी सन् १९८९ ई.

अने काले टेलीफोन उपभोक्ताओं में स्टैंड क पहनाकर सम्मानन किया जायगा। समारोह क कलाधर्ता मनमाना पैसा मागने के लिये प्रयत्न करने के लिये कानूनन रूप से प्रतिषेध किया जायेगा। एडवुटेन्ट एच. क्यू. मेटल के अन्तर्गत समारोह की अध्यक्षता सम्पन्न की सत्यता के प्रबल साहकिल-स्कूटर स्टैंड पर निर्देशिका डा. क. निखन महलाब होगी।

प्रातः
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रिस्ते, ९
पर आज

नेत्र शिविरों के लिए कनाडा के रोटरी क्लब ने ढाई लाख दिए

लखनऊ २३ फरवरी। कनाडा के बर्नबी रोटरी क्लब का गटरी क्लब यहा नगर के ग्रामीण क्षेत्रों में लखनऊ रोटरी क्लब दाग बनाए जा रहे नत्र चिकित्सा शिविरों में सहायताएं ढाई लाख रु दगा।

उक्त जानकारी कल यहा बहरी तालाब में गटरी क्लब दाग संचालित पाचव नत्र चिकित्सा शिविर में आयोजन एक समारोह में शिविर की संघटन समिति के सचिव श्री शशीश हमराज ने दी।

शिविर में अब तक कुल १०४ रोगियों की आंखों का उपचार किया जा चुका है। उन्होंने बताया कि 'प्रोजेक्ट आईसाइट' के नाम से चल रही इस योजना में लखनऊ रोटरी क्लब ने भी लगभग ढाई लाख रु. का अनुदान दिया है। श्री हमराज ने बताया कि इन शिविरों में

मान्याबिन्द के लगभग ६ मी उपरोजन किए गए है। इसके अलावा लगभग ३ हजार लोगों की आंखा का मुपन परीक्षण किया गया और उन्हें आवास, भोजन दवाएं और चश्मा आदि भी मुपन उपलब्ध कराया गया। उन्होंने बताया कि समाज कल्याण के लिए समर्पित के जी. एम मी. क चिकित्सकों ने प्रो. के. मी गर्ग के नेतृत्व में इन शिविरों को अपनी निःशुल्क सहाय दी।

समारोह में मुख्य अतिथि के रूप में बोलने हुए राज्य सूचना नगर विकास तथा सभ्तीय कार्य मंत्री श्री नरेश चन्द ने कहा कि नेत्रों की मरुता और नेत्र रोगों के उपचार में लगी स्वयं सभा सम्पन्नाओं के कार्य में नेत्र चिकित्सा को प्राथम्यता मिलता है।

भारत में निवृत्त कनाडा के उपउच्चायुक्त श्री सयागर में विशेष अतिथि श्री गैरी स्मिथ ने कहा कि कनाडा को इस बात पर गर्व है कि कल्याण जारी कर्यों में यह भारत के साथ है।



नयी
पुरदर्शन
प्रचारित

कृष्णा

राजनी १-३०
१-३०
ज्ञानदायक पारिचारिक संगीत मय चित्र





SOUVENIR of PROJECT EYESIGHT

Please see facing page





A project idea takes shape

PROJECT EYESIGHT 1989 was inspired by an exchange of ideas between Mr. Anup Singh Jubbal of the Rotary Club of Burnaby Hastings, Canada, and Col. Dr. J.K. Rastogi of the Rotary Club of Lucknow - Khaas, India ..

The project envisaged the setting up of 8 Eye Relief Camps at different places within a radius of 50 kms. from the city of Lucknow, the capital of India's most populous state, and performing ONE THOUSAND eye operations free. The entire diagnostic and surgical services and also the other essentials such as housing, hospital beds, linen, medicines, food and spectacles etc. were all to be provided free. The proposal required technical expertise from teams of highly qualified and well trained doctors dedicated to eye relief.

It all sounded something like having to put a well equipped 100 bed eye hospital on wheels and then move it from place to place taking medical care to the very doorstep of the rural poor of India.

Substantial funding via the Rotary Club of Burnaby Hastings, the organisational skill & the dedication of Rotarians of Lucknow Khaas, and the devoted medical and para-medical staff of the Department of Ophthalmology of Lucknow's medical school- K.G. Medical College, combined to meet the challenge and convert the idea into reality.

The targets were achieved and the programme promises to become an annual affair.



JECT OF
ING, (DIST. 504) B.C. CANADA
HAAS, (DIST. 312) INDIA

-2-89 To 8-2-89





Achievement



CAMP	PATIENTS REGISTERED AT CAMPS	ADVISED & GIVEN MEDICINES FREE AT CAMPS	ADMITTED FOR SURGERY AT CAMPS
MATI	286	215	71
GOSAINGANJ	572	417	155
BAHRAULI	329	235	94
MALIHABAD	626	456	170
BAKSHI KA TALAB	326	222	104
MAL	356	236	120
MOHAN LAL GANJ	427	287	140
NIGOHAN	406	269	137
TOTAL	3328	2337	991

IMPORTANT NOTE

Detailed record of patients giving names, addresses, and photographs (individually and in groups) is kept in packet at Appendix 3.



Exchanging flags & greetings



Al receives a photo album from President Yajnik and a memento from Rajdhani Club Past President Saxena.



President Dr. Sudershan Yajnik presents Club Flag of Lucknow Khaas to Al Mclean of Burnaby Hastings.

Exchanging flags & greetings



Friends from Canada sing the Canadian national anthem after exchanging flags. Both ladies from Canada donned Indian saris for the 'departure eve dinner'.



Guests at dinner, admiring Lee Mclean dressed up in Indian saree.



The Canada-India Fraternity and Fellowship Unlimited,

These people did it



Spectacles were distributed to the operatees, free of cost, 15 days after the discharge according to a pre-announced schedule.

Spectacles were given out by the doctors after examining the eye condition once again so that timely corrective action could be taken if necessary.



Doctors at the Medical School pose for a photograph. Prof. Garg (in dark suit) is flanked by Col. Rastogi and Club President who is also Prof. of Anaesthesiology.



Some Rotarians and Annes who helped in making the programme a success.



School boy volunteers at one of the camps.



President Elect Mahabir Prashad giving instructions for setting up camp. The springy walk and enthusiasm, writ large on his face inspite of his 70 years, is all too obvious.



Distributing medicines and endlessly repeating instructions for use can also be irritating if patients refuse to line up.

A worthwhile experience



Test 1 of the '4-Way Test' would stand violated if this report were to conceal the fact that organising simultaneous camps in rural India can be a harrowing experience.

However, organising programmes like PROJECT EYESIGHT also provide important experience in planning, systematics, organisation, crowd management, improvisations, and patience & forbearance specially when having to deal with multitudes of illiterate and superstitious orthodoxy.



Post-operative care need not be restricted to patients. Someone has to keep the children in good humour too. That is an added job for Rotarian families.

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FREE EYE OPERATION CAMP - 1995-96

ROTARY CLUB AMRITSAR MISTOWN (R.I. DISTT. 3070) INDIA

Rtn. SURINDER KUMAR GUPTA • Rtn. N.K. GUPTA

DISTT. 5040 CANADA





Canadian Dy.High Commissioner in India, H.E. Mr.Gary Smith addresses the audience at Bakshi Talab camp after taking a round of the wards.



President Elect(1989-90) Al Mclean conveys the greetings of Rotarians in Canada.

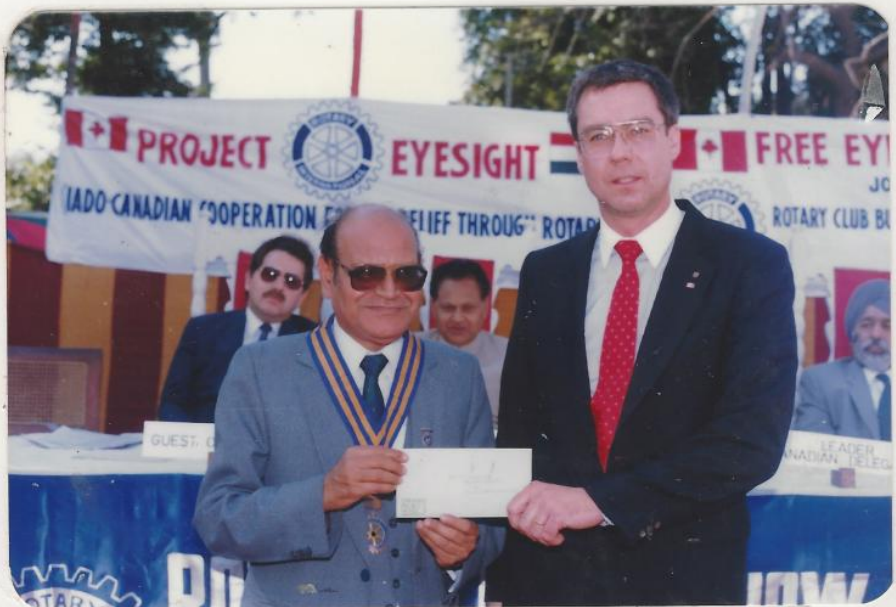




Rtn. Anup Singh Jubbal, Chairman and coordinator, Project Eyesight 89, at the Eye Camp presenting his best wishes to all for supporting and organizing all 8 eye camps successful completing 991 Surgeries.



From CANADA with love



President Elect(1989-90) Al Mclean presents cheque for around a quarter million rupees to President Dr.Sudershan Vajnik for PROJECT EYESIGHT.



Chief Justice Jha presents a token of appreciation to Prof.K.C.Garg, leader of the Medical Team of Project Eyesight.



Organising and executing PROJECT EYESIGHT was a highly rewarding experience.

It gave the club better insight into its strength and weaknesses.

It helped build the infrastructure for holding Eye Camps on a regular basis annually.

It laid the foundations for building a bond of lasting friendship between the two clubs - Burnaby Hastings and Lucknow Khaas- to help them move forward hand in hand to serve suffering humanity.

It signalled the international understanding, cooperation and coming together of two peoples separated by an 11,000 km distance in providing succour to the sick.

PROJECT EYESIGHT symbolises a deed of virtue and 'virtue is its own reward'.

highly rewarding



'Packing up time' is confusion everywhere.



Doctors communicating with the public. Was it medical lingo ?



'One down, seven more to go'. That is the uppermost thought when closing one camp and moving to the next.



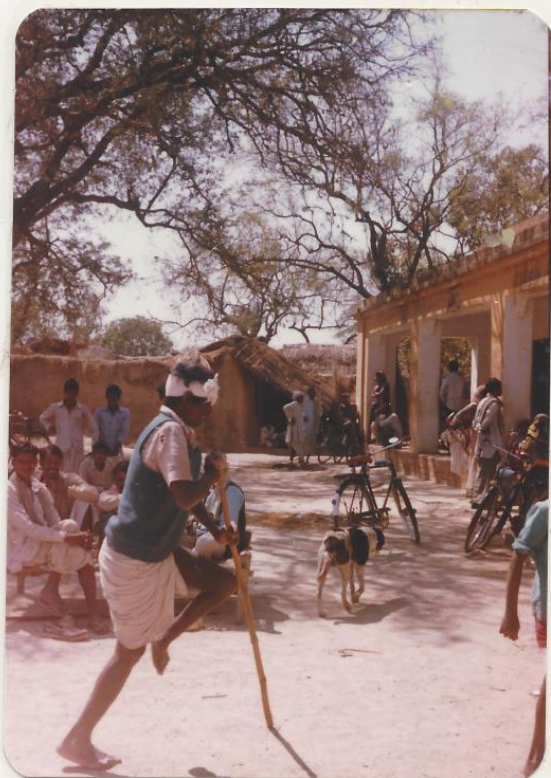
Chief Justice Jha (Charter President of Lucknow Khaas) presents a cheque to Bahrauli School Manager for school furniture.



'Sweets now and Education later', says the Rajdhani Club -Charter President to the students of a village school used as an Eye Camp.

some bonus too

1. A donation - in this the Nehru Centenary Year- to the Nehru Vidyalaya in far away Bahrauli for school furniture.
2. Providing aids to the handicapped such as the one at the MAL camp seen in the photograph below.
3. Idea for planning **PROJECT LIMBS** envisaging 500 surgical operations for correcting deformities in the handicapped in Lucknow and the surrounding rural areas.



At the MAL camp.





View of Inaugural Function of GOSAINGANJ Camp.



Prof K.C.Garg cuts tape to mark the opening of MATI Camp. President Yajnik, Secy. Murthy, P.P. Shankar Pandey & village Headman watch proceedings.

'Modus operandi' of Eye Camps

Once camp sites were finalised, advance publicity was carried out through p.a. system mounted publicity vans which went from village to village announcing the Camp schedules. Handbills distribution, display by posters & banners was also undertaken. (Specimens of publicity handouts filed in Appendix.1).

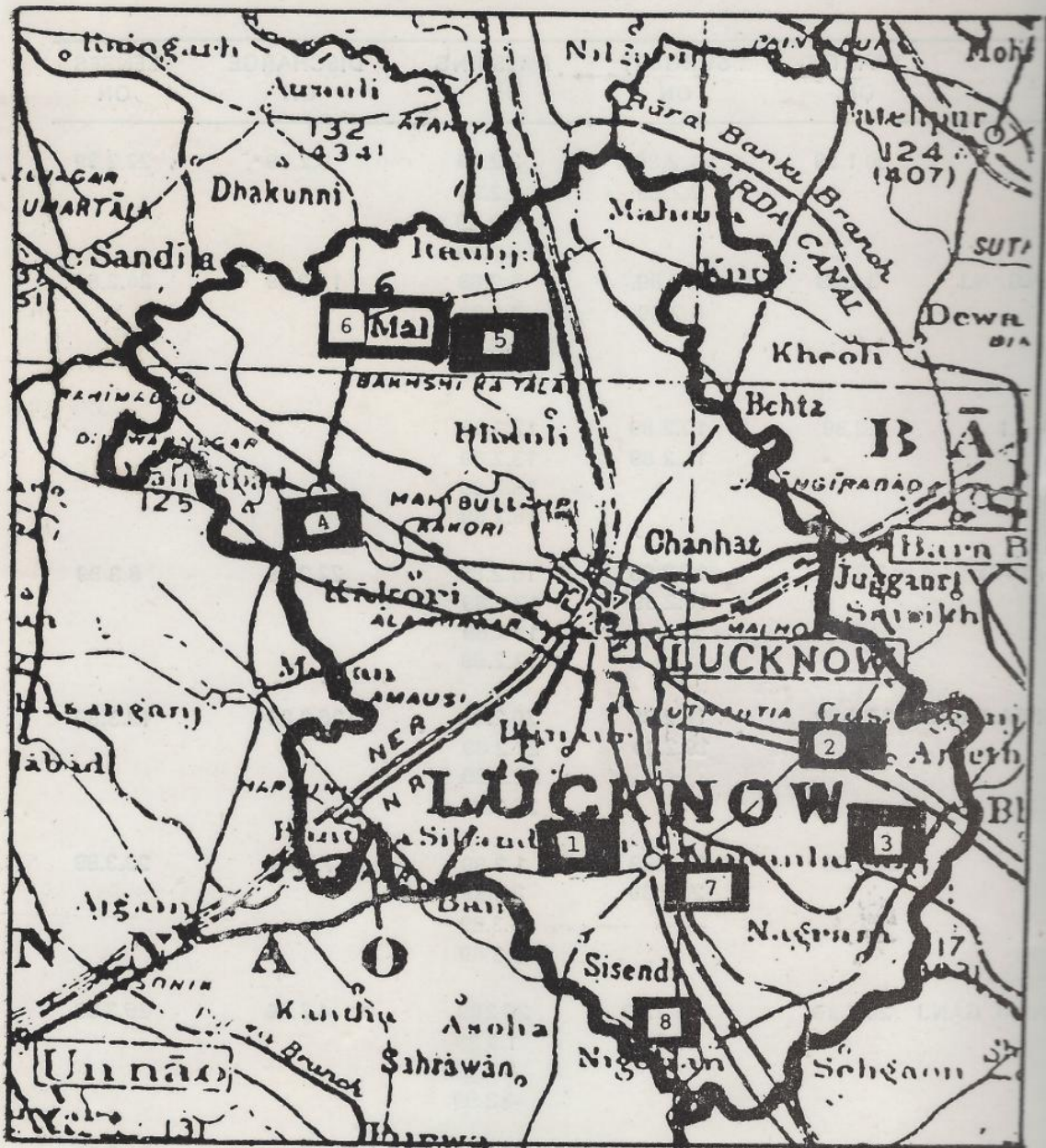


Section of crowd listening intently at BAHRAULI Camp opening.



MAP OF LUCKNOW DISTRICT

Scale: 1 cm = 6 km app.



INDEX OF CAMP SITES

Camp No.	PLACE	Camp No.	PLACE
1	MATI	5	BAKSHI KA TALAB
2	GOSAINGANJ	6	MAL
3	BAHRAULI	7	MOHANLALGANJ
4	MALIHABAD	8	NIGOHAN

Registering patients

Intensive publicity was able to draw out large crowds of around 400 patients per Camp on an average. Local village schools, Primary Health Centres, Government Dispensaries were normally selected for housing the Camps. Tents were pitched at 3 Camps (MATI, MAL & MOHAN LAL GANJ). The patients were registered (see Appendix.1 for specimen registration form) and directed to the Medical Team for diagnosis of ailments and appropriate treatment.



Rotarians registering patients for treatment at GOSAINGANJ Camp.





A view of the MAL primary school turned 'Hospital on Wheels'.



Patients awaiting their turn at registration at MOHAN LAL GANJ Camp.



Section of patients gathered for registration at the NIGOHAN Camp.



Registration in progress at the MAL Camp.

Preliminaries

The Medical Expertise for Project Eyesight was provided by a team of highly qualified and dedicated doctors of the Department of Ophthalmology of the King George's Medical College, Lucknow . The last two Camps (NIGOHAN & MOHAN LAL GANJ) had doctors associated with 'Kalyanam Karoti'.

One vehicle (at times two) was permanently placed at the disposal of the Doctors who were taken from the Medical School to one Camp or the other almost every day. This vehicle was besides the Hospital Van made available for the purpose by the Eye Department, courtesy Prof. K.C.Garg.



Charter President Chief Justice D.N.Jha speaking at the BAHRAULI Camp inaugural. Seated on far right is Charter President Rakesh Chaturvedi of Lucknow Rajdhani Club. At far left is Dr.Deepak Kumar.



The patients admitted for surgery at the camps were subjected to an essential pre-operative check up.

Doctors, para-medical staff and club members combined in carrying out tests for eye tension, blood pressure, urine, blood and blood sugar (where necessary & advised).

Preparing for Surgery







Administering local anaesthesia.



Administering medicine to keep infection out.

Preparing for surgery

Although eye operations do not require an exceedingly high level of aseptic conditions, yet every effort was made to make the class room-cum-makeshift operation theatres of the village eye camps sterile and infection free.

The entire surgical equipment, linen, dressing material etc. for each camp was sterilised and autoclaved at the Base Hospital in Lucknow.

It goes to the credit of the medical team that only 1% of the operated cases developed complications for which they were referred to the Base Hospital where the problem was successfully taken care of.



Getting ready for surgery.



The patients admitted for surgery at the camps were subjected to an essential pre-operative check up.

Doctors, para-medical staff and club members combined in carrying out tests for eye tension, blood pressure, urine, blood and blood sugar (where necessary & advised).

Preparing for Surgery





Diagnosing ailments

All the patients registering at a Camp were subjected to preliminary diagnostic check-up and separated into three groups and dealt accordingly.

- (a) Those requiring only advice or reference to Base Hospital.
- (b) Those requiring immediate treatment and medicines.
- (c) Those considered fit for surgery at the Camp site.



Dr. Ajay Dave tests perception for light in an old patient.





Medical examination in progress at MATI.



Dr. Vineeta Singh making a preliminary check.



Medical examination in progress at MATI.



Dr. Vineeta Singh making a preliminary check.



Patients at MAL camp awaiting their turn for diagnosis.



Free distribution of medicines.

Free Medicines

At the completion of the initial screening, those requiring immediate treatment were so advised and the necessary medicines and/or treatment was prescribed.

It gives pleasure to report that in addition to the surgery performed at the Camps, the club catered for the needs of medicine for over 2000 outpatients.

For this purpose sufficient stocks of a wide range of the requisite medicines were maintained at each of the camps and these medicines were distributed to 2,337 patients **FREE OF COST.**



Patients admitted for surgery at BAHRAULI camp await their turn for a pre-operative check up.





A view of the NIGOHAN camp wards. Patient's attendants also help.



Dressing in progress at BAKSHI TALAB camp. Children of Rotarian members help in odd jobs.

Post-operative care

On each day fixed for dressing at a camp a medical team motored all the way from the Base Hospital to the Camp and looked into the progress of each patient individually. As far as possible, complications if any, were just not allowed to get out of hand.

Diet, as prescribed, was provided to all the inmates and attendants at each camp free of cost for the 10-Day period, with a special lunch thrown in before discharge from Camp.



Far away from the noise and hubub of the city.



Awaiting their turn for discharge from camp.



Doctors issuing medicines alongwith discharge slip containing instructions.

Surgery at Camps



A Cataract operation starts.



Applying the suture.

